

Free public health recommended training

<p>NEW: INFECTION PREVENTION WINTER PREPAREDNESS TRAINING</p> <p>The Sussex CCGs invite you to attend a webinar-based training and information session to support awareness raising and management of winter challenges this year. The training is open to all statutory and voluntary sector organisations. Content includes: infection control standard precautions and vaccinations; CQC infection control requirements; information regarding COVID-19, Influenza and other winter illnesses; outbreak management, hospital admissions and Public Health England support and useful checklists.</p>	<p>Please book your place here. Multiple dates in February are available.</p>
<p>COVID-19 PSYCHOLOGICAL FIRST AID</p> <p>The course is free for all frontline workers and volunteers and no previous qualifications are required to be enrolled. Learners who join the course will also receive a free digital upgrade so that they can gain unlimited access to the course and any articles, videos, peer reviews and quizzes, as well as a PDF Certificate of Achievement. The course takes approximately 90 minutes to complete. There are 3 parts which can be done in intervals or all in one go. On this course, you'll explore the psychological impact of the COVID-19 pandemic and what you can do to help people cope. The course will teach you the key principles of giving psychological first aid in emergencies.</p>	<p>This Public Health England course is based on international guidance from the WHO, United Nations and partners. www.futurelearn.com/courses/psychological-first-aid-covid-19</p>
<p>FUEL POVERTY AND HEALTH: IDENTIFICATION AND SUPPORT SERVICES</p> <p>Face-to-face training and information sessions have currently been suspended, however staff wishing to learn more about fuel poverty and the impact of living in a cold home can take the 'Helping People Living in Cold Homes' e-learning module developed in by Health Education England in partnership with Public Health England, the Department for Business, Energy and Industrial Strategy and the National Institute for Health and Care Excellence (NICE): www.e-lfh.org.uk/programmes/cold-homes.</p>	<p>For information visit www.warmeastsussex.org.uk or contact Louise Trenchard, 07885 233478, email: ltrenchard@hastings.gov.uk</p>
<p>REDUCING ANTIMICROBIAL RESISTANCE: AN INTRODUCTION</p> <p>A free basic introductory e-learning module on reducing antimicrobial resistance. This e-learning provides key facts about antimicrobial resistance and describes the important roles of both clinical and non-clinical practitioners in a health and care environment. It also discusses relevant aspects of antimicrobial prescribing and stewardship competences. Contact Helen Cheney 01273 336864.</p>	<p>Visit e-Learning website www.e-lfh.org.uk/</p>
<p>ONLINE SEPSIS TRAINING</p> <p>Think Sepsis is a Health Education England programme aimed at improving the diagnosis and management of those with sepsis. This course is available any time online.</p>	<p>www.e-lfh.org.uk/programmes/sepsis/</p>
<p>NHS HEALTH CHECK MENTOR E-LEARNING COURSE</p> <p>Recommended for all staff providing NHS Health Checks, this course has 4 online modules comprehensively covering NHS Health Checks: what they are; cardiovascular conditions; how to conduct a health check; calculating and communicating risk. This course is available any time.</p>	<p>Visit Onclick Shop select Health Check Mentor course and enter: esFive21\$_bn7X</p>
<p>FREE SUICIDE PREVENTION TRAINING – ZERO SUICIDE ALLIANCE (ZSA)</p> <p>The ZSA provide a range of awareness training options, which provide a better understanding of the signs to look out for and the skills required to approach someone who is struggling, whether that be through social isolation or suicidal thoughts. Individuals are recommended to start at Step 1 and work your way up to the Gateway Module and on to the ZSA Suicide Awareness Training.</p> <p>Step 1 - 'Step Up' Social Isolation Module - The Social Isolation module provides you with a brief introduction to social isolation, and how to help someone who may be feeling isolated. In 5-10 mins it covers how to adjust to the new normal following the coronavirus and considers the significant changes many of us live and work.</p> <p>Step 2 - ZSA Gateway Module - A very brief introduction to suicide awareness. In 5-10 mins you could learn skills to help someone considering suicide. This module will give you tips on how to approach someone if you are worried they may be considering taking their own life.</p> <p>Step 3- ZSA Suicide Awareness Training - A more in-depth suicide awareness training session which takes approximately 20 mins. It aims to give the skills and confidence to help someone who may be considering suicide. It focuses on breaking stigma and encouraging open conversations.</p>	<p>For information visit www.zerosuicidealliance.com/training</p>
<p>PLANNING FOR HEALTH IN EAST SUSSEX</p> <p>A workshop to strengthen the opportunities for closer working between public health and spatial planning. Aimed at planners and place makers across the system.</p>	<p>Microsoft Teams: 8th Sept 2021 – 09.30-13.30 For information contact Lourdes.Madigasekera-Elliott@eastsussex.gov.uk</p>